Reshma Thomas

Staff Nurse (ICU)

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PROFESSIONAL SUMMARY

Registered nurse with 6 years of experience in critical care at a 400-bed multispeciality hospital. Skilled in ventilator care, central line management and rapid response. Registered with the Kerala Nursing Council, BLS and ACLS certified, and trusted by doctors and families for calm, accurate bedside care.

LICENCE AND CERTIFICATIONS

Registered Nurse and Midwife, Kerala Nurses and Midwives Council, Kerala Nurses and Midwives Council — Feb 2019

Registration valid, renewed 2024

BLS and ACLS Provider, American Heart Association — Aug 2024

Critical Care Nursing Certificate, Indian Society of Critical Care Medicine — Jun 2021

WORK EXPERIENCE

Staff Nurse, Intensive Care Unit, Sahyadri Multispeciality Hospital — Jan 2020 – Present

Kochi, India

- Care for 4 critically ill patients per shift in a 14-bed ICU, including ventilated and dialysis patients.
- Monitor vitals, titrate infusions as ordered and document in the electronic record with no medication errors reported in 4 years.
- Respond to rapid response calls and assist in CPR, intubation and central line insertion.
- Train 10 new nurses a year on ICU protocols and infection control, helping keep CLABSI at zero for 18 months.

Staff Nurse, Medical Ward, Marian General Hospital — Aug 2018 – Dec 2019

Thrissur, India

- Looked after 12 to 15 patients per shift with accurate medication rounds and IV care.
- Educated patients and families on diabetes, wound care and discharge plans, reducing avoidable readmissions.

EDUCATION

B.Sc Nursing, Government College of Nursing, Kottayam — 2014 – 2018

Kerala, India | 78%

SKILLS

Ventilator care | IV cannulation | Central line care | Medication administration | Infection control | Patient monitoring | Electronic records | CPR and BLS | Patient education | Teamwork

LANGUAGES

Malayalam	Native
English	Fluent
Hindi	Professional